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1. (Amended) A method for reducing the overproduction of neuropeptide Y (NPY) in an individual, said method being aimed to modulate an overactive NPY system in said individual, wherein the overproduction of NPY is caused by a polymorphism comprising the substitution of the position 7 leucine for proline in the signal peptide part of the human preproNPY.
2. (Amended) The method according to claim 1 wherein the overproduction of NPY is counteracted by administering an antagonist to said individual.